



This class will give you the elements of hip hop grooves, culture, and ability to express yourself on the dance floor. You will work on choreography, musicality, and your ability to perform. This class will clean your movements, correct bad habits, all while learning fun and energetic routines that will deliver an enrich cardio workout.



### Anthony "AntBoogie" Rue II

is the founder and leader of one of the most commercially successful dance groups, The Amount Boyz.

After training at the National Dance Institute throughout his elementary years

Anthony then moved on to attend New York City's acclaimed "Fame" school, Fiorello Laguardia High School of the Performing Arts. While training and excelling in classically trained dance, exposure to funk and soul classics and the rise of Hip-Hop music and the dance had a profound influence on him, and was ultimately where his passion for the art form lay.

After founding the Amount Boyz with best friend Adrian Wiltshire and a group of other close friends, it was not long before he was combining the technique and precision he had gained in his years of classical study, with the new emerging style of Hip-Hop dance taking hold of youth throughout the inner city.

A combination of his natural ability, learned skill, and determination gained Anthony Rue II aka AntBoogie and the rest of the Amount Boyz recognition from the dance world and commercial industry as a whole. Some of his credits include working with Madonna, Jay-Z, P.Diddy, Omarion, Alicia Keys, Mario, 3LW, and Ryan Leslie. He has also worked on the movies Honey, Dream Girls, Walk Hard, and Notorious B.I.G. AntBoogie has been teaching since 2000. In 2012 he launched Urban Dance League (UDL), a professional sports league of organized street-dance competitions, classes, and showcases. UDL presents professional dancing in the same arena as the professional sports and athletic world. Anthony Rue II aka AntBoogie believes "Dancers are Athletes." More information on UDL can be found on [urbandanceleague.com](http://urbandanceleague.com).

**Wednesdays**

**7:30-8:30 PM**

**Dates:**

**October 5, 12, 19, & 26  
November 2, 9, 16, 23, & 30  
December 7**

**10 Classes  
for \$200**

*Register for the class package on Mindbody, [linked here.](#)*

### RECOMMENDED ATTIRE:

Tank tops, dance tops, tee shirts, sweatpants, dance pants, shorts, athletic wear, etc. are all acceptable movement-friendly options.

Shoes should be clean, dance class only "tennis shoes or dance sneakers." Do not use sneakers worn outside.

Students must have a designated pair of dance sneakers that are only worn in the studio to keep the studios safe and free of debris such as glass and rocks.