

**2020-2021  
LA ACADEMIA  
DRESS CODE**

**ATTENTION ALL STUDENTS**

Ballet Hispanico is committed to providing an inclusive environment for all students. Non-gender conforming students, students with religious and cultural considerations, and any student needing additional support are welcome to check in with the School Office for help in deciding what is best for them.

**COVID 19:** Please note that we understand that it may be difficult to have all items needed during this uncertain time. We ask that students do their best to come to class prepared, however know that the teachers and staff are here to support you. Please reach out to the School Office with any concerns.

**HAIR:** All students' hair must be pulled back away from the face (no loose bangs) and neatly secured to head (no loose hair). Any hair accessories must match hair color.

**JEWELRY:** Jewelry is NOT permitted to be worn during class with the exception of small stud earrings that do not hang below or go under the earlobe. Jewelry worn for religious reasons is permitted only if the parent/guardian gives written notice to the School Office in advance.

**GIRLS: BASE**

- Levels 1A-4B Capezio Leotard style #[TB1420C](#) (child sizes), #[TB1420](#) (adult sizes). See level specific colors pictured below.
- Level 5 Capezio Leotard style #[CC100](#) required. *Level 5 Students are permitted to wear a solid black leotard of their choice with no color piping or logos. Students that do not regularly adhere to the dress code will lose this privilege.*

*\*Level 4A, 4B, and 5 will be permitted to wear any solid color leotard for Saturday classes. Students that do not regularly adhere to the dress code will lose this privilege.*

**Levels 1A & 1B  
White**



**Levels 2A & 2B  
Vibrant Violet**



**Levels 3A & 3B  
Turquoise**



**Levels 4A & 4B  
Purple**



**Level 5  
Black**



**UNDERGARMENTS**

Any undergarments are required to be flesh tone. Examples below:



Capezio  
style ID  
#[3564/3678](#)



Capezio  
style ID  
#[3532](#)



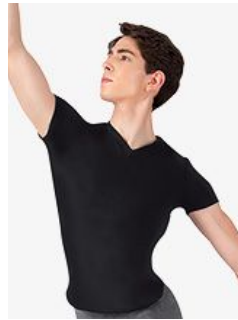
Capezio  
style ID  
#[3760W](#)

**BOYS: BASE**  
Level 1A-3A



Any brand white fitted dance t-shirt (recommended Body Wrappers [B190](#), [B400](#) WHT)

Level 3B-5



Any brand black fitted dance t-shirt (recommended Body Wrappers [B190](#), [B190](#) BLK)

For boys 10 and older



Any brand nude dance belt (quilted style recommended)

**BALLET, POINTE, CLASSICAL VARIATIONS**

**GIRLS:** Level leotard, flesh tone tights, ballet shoes and/or pointe shoes, skirt (see level requirements). Tights and shoes should match the student's natural skin tone as closely as possible.

**TIGHTS**



**All Levels:**  
Any brand flesh toned transition tights (recommended Capezio style #[1915](#))

**BALLET SHOES**



**All Levels:**  
Any brand flesh toned ballet slippers (recommended styles Bloch #[S0284G](#), SoDanca #[Bliss SD16](#)), Capezio #[2307W](#)

**POINTE SHOES**



**Level 3A-5:**  
Any brand preferred choice of pointe shoes. *\*Level 3A students will be introduced to pointe work gradually throughout the year and should wait for teacher to advise when to purchase shoes so that student does not outgrow shoe prior to pointe work introduction. 3A students should purchase pointe shoe ribbons at the start of the year. Your teacher will guide you on how to sew them onto your ballet shoes.*

**WRAP SKIRT**



**Level 5 Required for performance, optional for class 3A-4B Optional for class at the teacher's discretion**  
Capezio black wrap skirt style #[N272](#)

**PRACTICE TUTU**



**Required for Students in Classical Variations**  
Any brand, white, practice pancake tutu  
Teacher will advise when to wear

**BOYS:** Base t-shirt for level, tights, socks, ballet shoes.

**TIGHTS**



**All Levels:**

Any brand black footed or transition tights (recommended Capezio Tactel footed tights style #[10361B](#) (child sizes); [10361M](#) (adult sizes); or Body Wrappers convertible tights [B92](#) (child sizes); [M92](#) (adult sizes))

**SOCKS**



**All Levels:**

Any brand, thin black ballet socks (available from [Boysdancetoo.com](http://Boysdancetoo.com))

**BALLET SHOES**



**All Levels:**

Any brand black ballet slippers

**AFRO-CARIBBEAN, MODERN, REPERTORY WORKSHOP,  
STRETCH & CONDITIONING**

**GIRLS:**



**BOYS:**



**Level 2A-5**

Level leotard for girls, base t-shirt for boys.

Black convertible tights (not leggings) worn over the leotard, rolled up so dancers can dance barefoot. Dancers may be asked to wear ballet shoes during the pandemic for health precautions.

**Level 2A-2B  
& 4B**

Ankle-length black flamenco skirt (recommended BalTogs #[9100C](#) (child sizes); #[9100](#) (adult sizes))  
Teacher will advise when to wear.

**Levels 3B-5**

Black socks as needed.

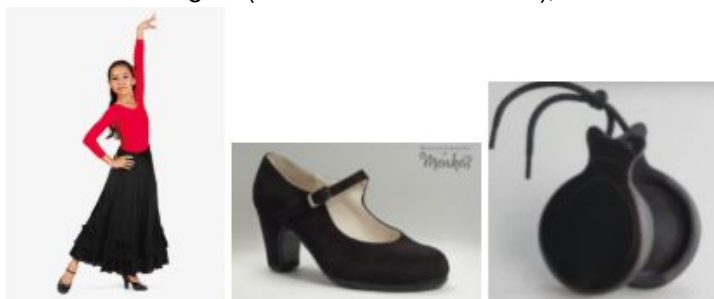
**Levels 3A-5**

*Optional: Knee pads (nude or black only)*

*Additional supplies, such as theraband, may be requested by Stretch & Conditioning teacher.*

## SPANISH DANCE & SPECIALIZED STUDIES IN SPANISH DANCE

**GIRLS:** Level Leotard, flesh tone footed tights (see info in ballet section), flamenco skirt, and castanets.



- All Levels: Ankle-length black flamenco skirt (recommended brand BaTogs #9100C (child sizes); #9100 (adult sizes))
- Black flamenco shoes with nails  
Level 1 and 2: nails in shoes are optional, Level 3 and up are required to have professional level flamenco shoes with nails, as these shoes have added support for the level of footwork that is required in the upper levels.
- All Levels: Castanets  
Castanets should be sized accordingly. Please speak with a dance store professional to be sure the student has the right size for their body.
- Level 3A and up are encouraged to purchase a rehearsal fan.

**BOYS:** Base t-shirt for level, black jazz pants, castanets.

- Any brand black jazz pants
- Black flamenco shoes with nails  
Level 1 and 2: nails in shoes are optional, Level 3 and up are required to have professional level flamenco shoes with nails, as these shoes have added support for the level of footwork that is required in the upper levels.
- All Levels: Castanets  
Castanets should be sized accordingly. Please speak with a dance store professional to be sure the student has the right size for their body.



## OPTIONAL GARMENTS

### **APPROVED WARM-UPS**

- Ballet Hispánico hoodie and joggers
- Form-fitting black wrap sweater is permitted at the discretion of the teacher
- Black leg warmers are permitted at the discretion of the teacher

